

- Ten Kami no mi mae ni moru :  
Shinai no yama sura Kami, Isuraeru  
no Kami no mi mae ni furui ugo-  
keri.
- 9 Kami yo, nanji no yuzuri no chi no  
tsukare otoroetaru toki,  
Yutaka naru ame wo furasete, kore wo  
kataku shi tamaeri.
- 10 Saki ni nanji no kōkwai wa sono naka  
ni todomareri ;  
Kami yo, nanji wa megumi wo mote  
mazushiki mono no tame ni sonae  
wo nashi tamaiki.
- 11 Shu mi kotoba wo tamau :  
Sono otozure wo noburu onna wa ōku  
shite, mure wo naseri.
- 12 Moromoro no ikusa no ōtachi wa nige  
saru :  
Nige saritareba, ie naru onna wa sono  
emono wo wakatsu.
- 13 Nanjira hitsuji no ori no uchi ni fusu  
toki wa,  
Hato no tsubasa no shirokane ni ōware,  
Sono ke no kogane ni ōwaruru ga  
gotoshi.
- 14 Zennōsha kashiko nite ōtachi wo chi-  
rashi tamaeru toki wa,  
Zarumon no yama ni yuki furitaru ga  
gotoku nariki.
- 15 Bashan no yama wa Kami no yama  
nari ;  
Bashan no yama wa mine kasanareru  
yama nari.
- 16 Mine kasanareru moromoro no yama yo,  
Nanjira ika nareba Kami no sumai ni  
erabi tamaeru yama wo netami mi-  
ru ya ?  
Sabare IEHOBA wa tokoshie ni kono  
yama ni sumi tamawan.
- 17 Kami no ikusaguruma wa yorozu ni  
yorozu wo kasane, chiji ni chiji wo  
kuwan :  
Shu sono naka ni imaseri, seijo ni  
imasu ga gotoku Shinai no yama ni  
imashishi ga gotoshi.
- 18 Nanji takaki tokoro ni nobori, toriko  
wo toriko ni shite hikii ;  
Iyashiro wo hito no naka yori mo,  
Somuku mono no naka yori mo uke  
tamaeri ; Yawa no Kami koko ni  
sumi tamawan ga tame nari.
- 19 Hi goto ni warera no ni wo oi tamau  
Shu,  
Warera no sukui no Kami wa homubeki  
kana ! [Sera
- 20 Kami wa shibashiba warera wo tasuke  
tamaeru Kami nari ;  
Shi yori nogare uru wa Shu IEHOBA ni  
yoru.
- 21 Kami wa sono ata no kōbe wo uchi  
yaburi tamawan ;  
Toga no naka ni todomaru mono no  
kamige oki itadaki wo uchi yaburi  
tamawan.
- 22 Shu ieraku, Ware Bashan yori karera  
wo tazusae kaeri,  
Umi no fukaki tokoro yori tazusae  
kaeran :
- 23 Kakute nanji no ashi wo sono ata no  
chi ni hitashi,  
Kore wo nanji no inu no shita ni name-  
shimen.
- 24 Kami yo, subete no hito wa nanji no  
susumi yuki tamau wo mitari,  
Waga Kami, waga Ō no seijo ni susumi  
yuki tamau wo mitari.
- 25 Tsuzumi utsu otome no naka ni arite  
utau mono wa mae ni yuki,  
Koto hiku mono wa ato ni shita-  
gaeri.
- 26 Nanjira subete no tsudoi nite Kami wo  
homeyo,  
Isuraeru no minamoto yori izuru nan-  
jira yo, Shu wo home matsure.
- 27 Kashiko ni karera wo suburu toshi  
wakaki Beniyamin ari,  
Yuda no kimitachi to sono tomogara  
to ari,  
Mata Zeburun no kimitachi, Nafutari  
no kimitachi ari.
- 28 Nanji no Kami wa nanji no chikara  
wo tate tamaeri :  
Kami yo, nanji warera no tame ni  
nashi tamaishi koto wo kataku shi  
tamae.
- 29 Ierusalemu naru nanji no miya no tame  
ni,  
Ōtachi nanji ni iyashiro wo sasa-  
gen.
- 30 Negawaku wa, ashi-ma no kemono,  
Muragareru o ushi ko ushi no gotoki  
moromoro no tami wo imashimete,

- Karera ni shirokane wo tazusae kitari,  
mizukara matsurou koto wo seshime  
tamae ;  
Kami wa tadakai wo konomu moromo-  
ro no tami wo chirashi tamaeri.
- 31 Kimitachi wa Ejiputo yori kitari ;  
Eteopia wa awatadashiku Kami ni  
mukaite te wo noben.
- 32 Chi no moromoro no kuni yo, Kami no  
mae ni utae ;  
Shu wo home utae ; [Sera
- 33 Inishie yori no ten no ten ni nori tamau  
mono ni mukaite utae ;  
Miyo, Shu wa mi koe wo idashi ta-  
mau, ikioi aru mi koe wo idashi  
tamau.
- 34 Nanjira chikara wo Kami ni kiseyo :  
Sono miizu wa Isuraeru no ue ni todo-  
mari,  
Sono mi chikara wa kumo no naka ni  
ari.
- 35 Kami no osorubeki sama wa kiyoki  
tokoro yori arawaru :  
Isuraeru no Kami wa sono tami ni  
chikara to ikioi to wo atae tamau.  
Kami wa homubeki kana !
- 69 Yuri no hana ni awasete, Uta no Kami ni  
utawashimetarū Dabide no Uta.
- 1 Kami yo, negawaku wa, ware wo  
sukui tamae ;  
Ōmizu nagare kitarite, waga tamashii  
ni made oyoberi.
- 2 Ware tachido naki fukaki hiji no naka  
ni shizumeri ;  
Ware fukaki mizu ni ochi iru, ōmizu  
waga ue wo afure sugu.
- 3 Ware nageki ni yorite tsukaretari ;  
waga nodo wa kawaki ;  
Waga me wa waga Kami wo machi  
wabite otoroenu.
- 4 Yue naku shite ware wo nikumu mono  
waga kashira no ke yori mo ōku ;  
Iware naku shite waga ata to nari,  
ware wo horobosan to suru mono  
no ikioi tsuyoshi :  
Ware kasumazarishi mono wo mo tsu-  
gunowaseraru.
- 5 Kami yo, nanji wa waga oroka naru  
wo shiri tamau ;  
Waga moromoro no tsumi wa nanji ni  
kakurezaru nari.
- 6 Bangun no IEHOBA Shu yo, negawaku  
wa, nanji wo machi nozomu mono  
wo waga yue ni yorite hazukashime-  
raruru koto nakarashime tamae :  
Isuraeru no Kami yo, negawaku wa,  
nanji wo motomuru mono wo waga  
yue ni yorite haji wo owashime-  
raruru koto nakarashime tamae.
- 7 Ware wa nanji no tame ni soshiri wo  
oi ;  
Haji wa waga kao wo oitareba nari.
- 8 Ware waga harakara ni wa tabibito no  
gotoku,  
Waga haha no ko ni wa adashibito no  
gotoku nareri.
- 9 Sowa nanji no ie wo omou nesshin  
ware wo kurai ;  
Nanji wo soshiru mono no soshiri ware  
ni oyoberi.
- 10 Ware namida wo nagashite, shoku wo  
tachi, waga tamashii wo nagekasu-  
reba ;  
Kaerite kore ni yorite soshiri wo uku,
- 11 Ware aratae wo koromo to nashishi  
ni,  
Karera ga kotowaza to narinu.
- 12 Kado ni suwaru mono wa waga ue wo  
kataru ;  
Ware wa ei shiretaru mono ni utai  
hayasaretari.
- 13 Shika wa aredo, IEHOBA yo, ware wa  
megumi no toki ni nanji ni inoru :  
Negawaku wa, Kami yo, nanji no  
remi no ōki ni yorite,  
Nanji no sukui no makoto wo mote  
awaware ni kotae tamae.
- 14 Negawaku wa, hiji no naka yori ware  
wo tasuke idashite, shizumazarashi-  
me tamae :  
Ware wo nikumu mono yori, fukaki  
mizu yori tasuke idashi tamae.
- 15 Ōmizu ware wo ōu koto naku,  
Fuchi ware wo nomu koto naku ;  
Ana sono kuchi wo waga ue ni tozuru  
koto nakarashime tamae.
- 16 IEHOBA yo, negawaku wa, ware ni kotae  
tamae ; nanji no itsukushimi uruwa-  
shikereba nari :  
Nanji no awaremi wa ōshi, ware ni  
kaeri kitari tamae.
- 17 Mi kao wo nanji no shimobe ni kakushi  
tamau nakare ;

- Ware semari kurushimeri; negawaku wa, sumiyaka ni ware ni kotae tamae.
- 18 Waga tamashii ni chikaku yorite, kore wo aganai;  
Waga ata no yue ni ware wo sukui tamae.
- 19 Nanji wa waga ukuru soshiri to, haji to, anadori to wo shiri tamaeri:  
Waga teki wa mina nanji no mi mae ni ari.
- 20 Soshiri waga kokoro wo kudakinureba; ware itaku wazuraeri:  
Ware awaremi wo atōru mono wo machitaredo, hitori dani naku;  
Nagusamuru mono wo machitaredo, hitori wo mo mizariki.
- 21 Karera wa nigaki kusa wo waga kui-mono ni atae;  
Waga kawakeru toki ni su wo noma-setari.
- 22 Negawaku wa, karera no mae naru en wa ami to nari;  
Sono tanomu yasuki wa tsui ni wana to nare.
- 23 Sono me wo kuraku shite, mieshimezu;  
Sono koshi wo tsune ni furuwashime tamae.
- 24 Negawaku wa, nanji no ikidōri wo karera no ue ni sosogi,  
Nanji no ikari no hageshiki wo karera ni oi shikase tamae.
- 25 Karera no ie wo munashiku seyo;  
Sono makuya ni hito wo sumawasuru nakare.
- 26 Karera wa nanji ga uchi tamaitaru mono wo seme;  
Nanji ga kizutsuke tamaitaru mono no itami wo katari furureba nari.
- 27 Negawaku wa, karera no fugi ni fugi wo kuwaete,  
Nanji no gi ni azukarase tamau nakare.
- 28 Karera wo inochi no fumi yori keshite,  
Tadashiki mono to tomo ni shirusaruru koto nakarashime tamae.
- 29 Kakute ware wa kurushimi katsu urei ari:  
Kami yo, negawaku wa, nanji no sukui ware wo takaki tokoro ni okan koto wo.
- 30 Ware uta wo mote Kami no mi na wo home tatae;
- Kansha wo mote Kami wo agame matsuran.
- 31 Kowa o ushi mata wa tsuno to hizume to aru chikara tsuyoki o ushi ni masarite,  
IEHOBA yorokobi tamawan.
- 32 Herikudaru mono wa kore wo mite yorokoberi:  
Kami wo shitau mono yo, nanjira no kokoro wa ikubeshi.
- 33 IEHOBA wa tomoshiki mono no koe wo kiki,  
Sono torawarebito wo karoshime tamawazareba nari.
- 34 Ame tsuchi wa IEHOBA wo home,  
Ō umi to sono naka ni ugoku arayuru mono to wa IEHOBA wo home matsurubeshi.
- 35 Kami wa Shion wo sukui, Yuda no moromoro no machi wo tate tamō-bekereba nari;  
Karera wa soko ni sumi, katsu kore wo onoga mono to sen.
- 36 Sono shimobe no sue mo mata kore wo tsugi;  
Sono mi na wo itsukushimu mono sono naka ni suman.
- 70** Uta no Kami ni utawashimeta Dabide ga kinen no Uta.
- 1 Kami yo, negawaku wa, ware wo sukui tamae;  
IEHOBA yo, toku kitarite ware wo tasuke tamae.
- 2 Waga tamashii wo tazunuru mono no Haji awaten koto wo:  
Waga sokonawaruru wo yorokobu mono no  
Ushiro ni shirizokite, haji wo owan koto wo.
- 3 Aa miyo ya? Miyo ya to iu mono no Onoga haji ni yorite ushiro ni shirizokan koto wo.
- 4 Subete nanji wo tazune motomuru mono no nanji ni yorite tanoshimi yorokoban koto wo;  
Nanji no sukui wo shitau mono no tsune ni,  
Kami wa ōi naru kana to tonaen koto wo.
- 5 Ware wa kurushimi katsu tomoshi;  
Kami yo, isogite ware ni kitari tamae:

- Nanji wa waga tasuke, ware wo sukui mono nari;  
IEHOBA yo, negawaku wa, tamerai tamau nakare.
- 71** IEHOBA yo, ware nanji ni yori tanomu:  
Negawaku wa, izure no hi made mo haji ukuru koto nakarashime tamae.
- 2 Nanji no gi wo mote ware wo tasuke, ware wo manukareshime tamae:  
Nanji no mimi wo ware ni katabukete, ware wo sukui tamae.
- 3 Negawaku wa, nanji waga sumai no iwa to nari tamae, ware tsune ni sono tokoro ni yuku koto wo en:  
Nanji ware wo sukuwan tote mikotonori wo idashi tamaeri;  
Sowa nanji wa waga iwa, waga shiro nari.
- 4 Waga Kami yo, ashiki mono no te yori,  
Fugi zannin naru hito no te yori ware wo manukareshime tamae.
- 5 Shu IEHOBA yo, nanji wa waga nozomi nari:  
Waga osanaki yori no tanomi nari.
- 6 Ware tai wo hanaruru yori nanji ni mamorare;  
Haha no hara ni arishi toki yori nanji ni megumaretari:  
Ware tsune ni nanji wo home tataen.
- 7 Ware ōku no hito ni ayashimaruru gotoki mono to nareri;  
Saredo nanji wa waga kengo naru sakedokoro nari.
- 8 Nanji no tataegoto to nanji no homare to wa,  
Hinemosu waga kuchi ni michin.
- 9 Waga toshi oinuru toki ware wo sute tamau nakare;  
Waga chikara otorōru toki ware wo hanare tamau nakare.
- 10 Waga ata wa waga koto wo agetsurai;  
Waga tamashii wo ukagau mono wa tagai ni hakarite iu,
- 11 Kami kare wo hanaretari:  
Kare wo tasukuru mono nashi; kare wo oite toraeyo to.
- 12 Kami yo, ware ni tōzakari tamau nakare:  
Waga Kami yo, toku kitarite ware wo tasuke tamae.
- 13 Waga tamashii no teki wa haji, katsu otoroe;  
Ware wo sokonawan to suru mono wa soshiri to haji to ni ōwareyo.
- 14 Saredo ware wa taezu nozomi wo idakite,  
Iya masumasu nanji wo home tataen.
- 15 Waga kuchi wa hinemosu nanji no gi to,  
Nanji no sukui to wo kataran;  
Ware sono kazu wo shirazareba nari.
- 16 Ware wa Shu IEHOBA no tainō no mi waza wo tazusae yukan:  
Ware wa tada nanji no gi nomi wo kataran.
- 17 Kami yo, nanji ware wo osanaki yori oshie tamaeri;  
Ware ima ni itaru made nanji no kushiki mi waza wo nobe tsutaetari.
- 18 Kami yo, negawaku wa, ware oite kamige shiroku naru to mo,  
Waga nanji no chikara wo tsugi no yo ni nobe tsutae,  
Nanji no tainō wo yo ni umare izuru subete no mono ni nobe tsutōru made, ware wo hanare tamau nakare.
- 19 Kami yo, nanji no gi mo mata ito takashi;  
Nanji wa ōi naru koto wo nashi tamaeri:  
Kami yo, tare ka nanji ni hitoshiki mono aran ya?
- 20 Nanji warera wo ōku no omoki nayami ni awase tamaeri;  
Nanji futa tabi warera wo ikashi,  
Warera wo chi no fukaki tokoro yori age tamawan.
- 21 Negawaku wa, ware wo iyo-iyo ōi narashime,  
Kaeri kitarite ware wo nagusame tamae.
- 22 Waga Kami yo, saraba ware sō wo mote nanji wo home,  
Nanji no makoto wo home tataen:  
Isuraeru no Seisha yo,  
Ware koto wo mote nanji wo home utawan.
- 23 Ware mi mae ni utau toki waga kuchibiru yorokobi;  
Nanji no aganai tamaeru waga tamashii ōi ni yorokoban.
- 24 Waga shita mo mata hinemosu nanji no gi wo kataran:

Ware wo sokonawan to suru mono haji awatsureba nari.

## 72

Soromon no Uta.

- 1 Kami yo, negawaku wa, nanji no moromoro no sabaki wo ō ni atae, Nanji no gi wo ō no ko ni atae tamae.
- 2 Kare wa gi wo mote nanji no tami wo sabaki, Kōhei wo mote kurushimu mono wo sabakan.
- 3 Gi ni yorite yama to oka to wa Tami ni yasuki wo atobeshi.
- 4 Kare wa tami no kurushimu mono no tame ni sabaki wo nashi, Tomoshiki mono no kora wo sukui, Shietaguru mono wo kudaki tamawan.
- 5 Karera wa hi to tsuki to no aran kagiri, Yoyo oshi nabete nanji wo osorubeshi.
- 6 Kare wa kari toreru maki ni furu ame no gotoku; Tsuchi wo uruosu murasame no gotoku nozoman.
- 7 Kare no yo ni tadashiki mono wa sakae; Heiwa wa tsuki no usuru made yutaka naran.
- 8 Mata sono matsurigoto wa umi yori umi ni itari, Kawa yori chi no hate ni oyobubeshi.
- 9 No ni oru mono wa sono mae ni kagami; Sono ata wa chiri wo namen.
- 10 Tarushishi oyobi shimajima no ōtachi wa mitsugi wo osame, Shiba to Seba no ōtachi wa iyashiro wo sasagen.

## 73

Asafu no Uta.

- 1 Kami wa Isuraeru ni mukai, Kokoro no kiyoki mono ni mukaite makoto ni megumi ari.
- 2 Shika wa aredo ware wa waga ashi tsumazuku bakari,

- 11 Moromoro no ō wa sono mae ni hirefushi; Moromoro no kuni wa kare ni tsukaen.
- 12 Kare wa tomoshiki mono wo sono sakebu toki ni sukui, Tasuke naki kurushimu mono wo tasuke;
- 13 Yowaki mono to tomoshiki mono to wo awaremi, Tomoshiki mono no tamashii wo sukui;
- 14 Karera no tamashii wo shietage to arabi to yori aganai tamau; Sono chi wa mi mae ni tōtokarubeshi.
- 15 Karera wa nagarobeshi: hito wa Shiba no kogane wo sasagete, Kare no tame ni tsune ni inori, Hinemosu kare wo iwawan.
- 16 Kuni no uchi tanatsumono yutaka ni shite; Sono mi wa Rebanon no gotoku, yama no itadaki ni soyogi; Machi no hitobito wa chi no kusa no gotoku sakayubeshi.
- 17 Kare no na wa tsune ni taezu; Kare no na wa hi no hisashiki gotoku ni tayuru koto nashi; Hito wa kare ni yorite saiwai wo en; Moromoro no kuni wa kare wo saiwai naru mono to tonaen.
- 18 Tada Isuraeru no Kami nomi kusushiki mi waza wo nashi tamaeri: Kami IEHOBA wa homubeki kana!
- 19 Sono eikwō no na wa yoyo ni homubeki kana! Zenchi wa sono eikwō nite mitsubeshi. Amen, Amen.
- 20 Iessai no ko Dabide no inori wa owarinu.

## KWAN III.

Waga ayumi suberu bakari nite ariki.

- 3 Kowa ware ashiki mono no sakayuru wo mite, Sono hokoreru mono wo netamishi ni yoru.

- 4 Karera wa shinuru ni kurushimi naku; Sono chikara wa kaerite katashi.
- 5 Karera wa hito no gotoku urei ni orazu; Hito no gotoku nayami ni au koto nashi.
- 6 Kono yue ni takaburi wa kazari no gotoku sono kubi wo meguri; Arabi wa koromo no gotoku karera wo oeri.
- 7 Karera koe futorite sono me tobi ide, Kokoro no negai ni masarite mono wo uru nari.
- 8 Mata azakeri wo nashi, aku wo mote shietage no kotoba wo idashi, Takaburite mono iu.
- 9 Sono kuchi wo ten ni oki, Sono shita wo chi ni amaneku yukashimu.
- 10 Kono yue ni kare no tami wa koko ni kaeri; Mizu no michitaru sakazuki wo shibori idashite,
- 11 Ieraku, Kami ikade shiri tamawan ya? Ito Takaki Mono ni satori aran ya to.
- 12 Miyo, karera wa ashiki mono naru ni; Tsune ni yasuraka ni shite, sono tomi mashi kuwawareri.
- 13 Makoto ni ware wa itazura ni kokoro wo kiyome, Tsumi wo okasazu shite te wo araitari;
- 14 Sowa ware hinemosu nayami ni ai, Asa goto ni seme wo ukeshi nari.
- 15 Ware moshi kakaru koto wo noben to iishi naraba; Ware nanji ga kora no yo wo ayamaraseshi naran.
- 16 Ware korera no kotowari wo shiran to shite, Omoi megurashishi ni waga me itaku itamitari.
- 17 Ware Kami no seijo ni yukite, Karera no iyahate wo fukaku omoeru made wa shikariki.
- 18 Makoto ni nanji wa karera wo name-raka naru tokoro ni oki; Karera wo horobi ni otoshi ire tamau.
- 19 Karera wa matataku hima ni yaburetaru kana! Karera wa osore wo mote kotogotoku horobitari.

- 20 Shu yo, nanji me wo samashite, karera ga zō wo karoshime tamawan toki wa, Yume mishi hito no me sametaru ga gotoshi.
- 21 Waga kokoro wa urei, Waga murato wa sasaretari;
- 22 Ware oroka ni shite satori nashi; Mi mae ni arite kemono ni hitoshikariki.
- 23 Saredo ware tsune ni nanji to tomo ni ari; Nanji waga migi no te wo tamochi tamaeri.
- 24 Nanji sono satoshi wo mote ware wo michibiki, Nochi mata ware wo ukete, sakae no uchi ni ire tamawan.
- 25 Nanji no hoka ni ware tare wo ka ten ni motan? Chi ni wa nanji no hoka ni waga shita tau mono nashi.
- 26 Waga mi to waga kokoro to wa otorou; Saredo Kami wa waga kokoro no iwa, waga tokoshie no yuzuri nari.
- 27 Miyo, nanji ni tōki mono wa horobin: Nanji wo hanarete taware wo okonau mono wa mina nanji kore wo horoboshi tamaitari.
- 28 Kami ni chikazuki matsuru wa ware ni yoki koto nari; Ware wa Shu IEHOBA wo sakedokoro to shite, Sono moromoro no mi waza wo nobe tsutaen.

## 74

Asafu no Oshie no Uta.

- 1 Kami yo, ika nareba nanji warera wo kagiri naku sute tamaishi ya? Ika nareba nanji no maki no hitsuji ni mi ikari no keburu agareru ya?
- 2 Negawaku wa, mukashi nanji ga kai motome tamaeru kōkwai, Yuzuri no yakara to nasan tote aganai tamaeru mono wo omoi ide tamae; Mata nanji ga sumi tamau Shion no yama wo omoi ide tamae.
- 3 Tokoshie no horobi no ato ni mi ashi wo muke tamae; Ata wa seijo nite moromoro no ashiki waza wo okonaeri.