

- Negawaku wa, mi kotoba ni shitagaite ware wo awaremi tamae.
- 59 Ware waga subete no michi wo omoi, Ashi wo kaeshite nanji no akashi ni muketari.
- 60 Ware nanji no imashime wo mamoru ni, Sumiyakeku shite tayutawazariki.
- 61 Ashiki mono no nawa ware ni matoi-taredomo ;
Ware nanji no nori wo wasurezari.
- 62 Ware nanji no tadashiki sabaki no yue ni,
Yowa ni okite nanji ni kansha sen.
- 63 Ware wa nanji wo osoruru mono,
Mata nanji no satoshi wo mamoru mono no tomo nari.
- 64 IEHOBA yo, nanji no awaremi wa chi ni michitari ;
Negawaku wa, nanji no okite wo ware ni oshie tamae.
- TETE.
- 65 IEHOBA yo, nanji mi kotoba ni shitagai, Megumi wo mote sono shimobe wo ashirai tamaeri.
- 66 Ware nanji no imashime wo shinzu ;
Negawaku wa, ware ni sōmei to chishiki to wo oshie tamae.
- 67 Ware kurushimazaru saki ni wa mayoi idenu ;
Saredo ima wa ware mi kotoba wo mamoru.
- 68 Nanji wa zen ni shite zen wo okonai tamau ;
Negawaku wa, nanji no okite wo ware ni oshie tamae.
- 69 Takaburu mono itsuwari wo kuwadate-tete ware ni sakaraeri :
Ware kokoro wo tsukushite nanji no satoshi wo mamoran.
- 70 Karera no kokoro wa koe futorite, abura no gotoshi ;
Saredo ware wa nanji no nori wo tanoshimu.
- 71 Kurushimi ni aitarishi wa ware ni yoki koto nari ;
Kore ni yorite ware nanji no okite wo manabi etari.
- 72 Nanji no kuchi no nori wa waga tame ni wa
- Chiji no kogane, shirokane ni mo masareri.
- YODE.
- 73 Nanji no mi te wa ware wo tsukuri, ware wo katachi tsukureri ;
Negawaku wa, chie wo ataete ware ni nanji no imashime wo manabashime tamae.
- 74 Nanji wo osoruru mono wa ware wo mite yorokoban ;
Ware mi kotoba ni yorite nozomi wo idakitareba nari.
- 75 IEHOBA yo, ware wa nanji no sabaki no tadashiku,
Mata nanji ga makoto wo mote ware wo kurushime tamaishi wo shiru.
- 76 Negawaku wa, nanji no shimobe ni notamaitaru mi kotoba ni shitagaite,
Nanji no itsukushimi wo waga nagusame to nashi tamae.
- 77 Nanji no awaremi wo ware ni nozomase tamae, saraba ware ikin :
Nanji no nori wa waga tanoshimeru tokoro nari.
- 78 Takaburu mono ni haji wo kōburase tamae ; karera wa itsuwari wo mote ware wo kutsugueshitareba nari :
Saredo ware nanji no satoshi wo fukaku omowan.
- 79 Nanji wo osoruru mono to, nanji no akashi wo shiru mono to wo
Ware ni kaerashime tamae.
- 80 Waga kokoro wo matakushi shite, nanji no okite wo mamorashime tamae ;
Saraba ware haji wo kōburaji.
- KAFU.
- 81 Waga tamashii wa nanji no sukui wo shitaite, tae iru bakari nari :
Saredo ware nao mi kotoba ni yorite nozomi wo idaku.
- 82 Nanji izure no toki ware wo nagusamuru ya to ii tsutsu,
Ware mi kotoba wo shitau ni yorite me otorou.
- 83 Ware wa keburu no naka no kawabukuro no gotoku narinuredomo ;
Nao nanji no okite wo wasurezu.

- 84 Nanji no shimobe no hi wa ikubaku ari ya ?
Nanji izure no toki ware wo semuru mono ni sabaki wo okonai tamau ya ?
- 85 Takaburu mono ware wo sokonawan tote ana wo horeri ;
Karera wa nanji no nori ni shitagawazu.
- 86 Nanji no imashime wa mina makoto nari :
Karera wa itsuwari wo mote ware wo semu ; negawaku wa, ware wo tasuke tamae.
- 87 Karera wa chi nite hotondo ware wo horoboseri ;
Saredo ware wa nanji no satoshi wo sutezariki.
- 88 Negawaku wa, nanji no itsukushimi ni shitagaite ware wo ikashi tamae ;
Saraba ware mi kuchi yori izuru akashi wo mamoran.
- RAMETE.
- 89 IEHOBA yo, mi kotoba wa
Ten nite tokoshie ni sadamari ;
- 90 Nanji no makoto wa yorozu yo ni oyobu :
Nanji chi wo kataku tate tamaeba, chi wa tsune ni ari.
- 91 Korera no mono wa nanji no ōsegoto ni shitagai, tsune ni arite kyō ni itaru ;
Yorozu no mono wa mina nanji no shimobe nareba nari.
- 92 Nanji no nori waga tanoshimi to nazarishi naraba,
Ware wa tsui ni nayami no uchi ni horobitaru naran.
- 93 Ware tsune ni nanji no satoshi wo wasureji ;
Nanji kore wo mote ware wo ikashi tamaeba nari.
- 94 Ware wa nanji no mono nari, negawaku wa, ware wo sukui tamae ;
Ware nanji no satoshi wo motometari.
- 95 Ashiki mono wa ware wo horobosan to shite ukagainu ;
Ware wa tada nanji no moromoro no akashi wo omowan.
- 96 Ware moromoro no matakishi ni hate aru wo mitari ;
- Saredo nanji no imashime wa ito hiroshi.
- MEMU.
- 97 Ware nanji no nori wo itsukushimu koto ika bakari zo ya !
Ware hinemosu kore wo fukaku omou.
- 98 Nanji no imashime wa tsune ni ware to tomo ni arite,
Ware wo waga ata ni masarite satokarashimu.
- 99 Ware wa nanji no akashi wo fukak omou ga yue ni,
Waga subete no shi ni masarite chie ōshi.
- 100 Ware wa nanji no satoshi wo mamoru ga yue ni,
Oitaru mono ni masarite koto wo wakimōru nari.
- 101 Ware mi kotoba wo mamoran tame ni,
Waga ashi wo todomete moromoro no ashiki michi ni yukashimezu.
- 102 Nanji ware wo oshie tamaishi ni yorite,
Ware nanji no sabaki wo hanarezariki.
- 103 Mi kotoba no ajiwai wa waga agi ni amaki koto ika bakari zo ya !
Mitsu no waga kuchi ni amaki ni masareri.
- 104 Ware nanji no satoshi ni yorite chie wo etari :
Kono yue ni itsuwari no subete no michi wo nikumu.
- NUN.
- 105 Nanji no mi kotoba wa waga ashi no tomoshibi,
Waga michi no hikari nari.
- 106 Ware nanji no tadashiki sabaki wo mamoran koto wo
Chikai, katsu kataku seri.
- 107 Ware ito itaku kurushimeri :
IEHOBA yo, negawaku wa, mi kotoba ni shitagaite ware wo ikashi tamae.
- 108 IEHOBA yo, negawaku wa, magokoro yori suru waga kuchi no sasagemono wo ukete,

- Nanji no sabaki wo oshie tamae.
 109 Waga tamashii wa tsune ni ayauki wo okasu;
 Saredo ware nanji no nori wo wasurezu.
 110 Ashiki mono waga tame ni wana wo mōketari;
 Saredo ware nanji no satoshi yori mayoi idezariki.
 111 Ware nanji no moromoro no akashi wo tokoshie ni waga yuzuri to seri;
 Korera no akashi wa waga kokoro wo yorokobashimu.
 112 Ware nanji no okite wo owari made tokoshie ni mamoran tote,
 Kore ni kokoro wo katabuketari.
- SAMEKU.
- 113 Ware futagokoro no mono wo nikumi.
 Nanji no okite wo itsukushimu.
 114 Nanji wa waga kakurubeki tokoro, waga tate nari:
 Ware mi kotoba ni yorite nozomi wo idaku.
 115 Ashiki wo nasu mono yo, ware wo hanare sare;
 Ware waga Kami no imashime wo mamoran.
 116 Mi kotoba ni shitagai, ware wo sasaete nagaraeshime tamae;
 Waga nozomi ni tsukite haji nakarashime tamae.
 117 Ware wo sasae tamae, saraba ware yasukekarubeshi;
 Ware tsune ni nanji no okite ni kokoro wo sosogan.
 118 Subete mi okite yori mayoi izuru mono wo nanji karoshime tameri;
 Karera no azamuki wa munashikereba nari.
 119 Nanji wa chi no subete no ashiki mono wo kanakasu no gotoku nozoki sari tamau:
 Kono yue ni ware nanji no akashi wo ai su.
 120 Waga nikutai nanji wo osoruru ni yorite furuu;
 Ware wa nanji no sabaki wo osoru.

AIN.

- 121 Ware wa sabaki to tadashiki to wo okonau:
 Ware wo sutete shietaguru mono ni yudane tamau nakare.
 122 Nanji no shimobe no nakadachi to narite saiwai wo eshime tamae:
 Takaburu mono no ware wo shietaguru wo yurushi tamau nakare.
 123 Waga me wa nanji no sukui to,
 Nanji no tadashiki mi kotoba to wo shitau ni yorite otorou.
 124 Negawaku wa, nanji no awaremi ni shitagaite, nanji no shimobe wo ashirai,
 Ware ni nanji no okite wo oshie tamae.
 125 Ware wa nanji no shimobe nari; ware ni chie wo ataete,
 Nanji no akashi wo shirashime tamae.
 126 Karera wa nanji no nori wo sutetari;
 Ima wa IEHOBA no hataraki tamōbeki toki nari.
 127 Kono yue ni ware kogane yori mo, majiri naki kogane yori mo masarite,
 Nanji no imashime wo ai su.
 128 Kono yue ni moromoro no koto ni kakaru nanji no subete no satoshi wo tadashi to omou;
 Ware subete no itsuwari no michi wo nikumu.

PE.

- 129 Nanji no akashi wa tae nari:
 Kakaru ga yue ni waga tamashii kore wo mamoru.
 130 Mi kotoba uchi hirakureba, hikari wo hanachite;
 Oroka naru mono wo satokarashimu.
 131 Ware nanji no imashime wo shitau ga yue ni,
 Waga kuchi wo hiroku akete aegi motometari.
 132 Negawaku wa, mi na wo ai suru mono ni tsune ni nashi tamau gotoku,
 Mi wo kaeshite ware wo awaremi tamae.
 133 Mi kotoba wo mote waga ayumi wo totonoe;

- Moromoro no yokoshima wo ware ni shu tarashime tamau nakare.
 134 Ware wo hito no shietage yori aganai tamae:
 Saraba ware mi satoshi wo mamoran.
 135 Negawaku wa, mi kao wo nanji no shimobe no ue ni terashi.
 Nanji no okite wo ware ni oshie tamae.
 136 Hito nanji no nori wo mamorazaru ni yorite,
 Waga me no namida kawa no gotoku ni nagaru.
- TSUADE.
- 137 IEHOBA yo, nanji wa tadashiku,
 Nanji no sabaki wa naoshi.
 138 Nanji tadashiki to, koyonaki makoto to wo mote
 Sono akashi wo meiji tamaeri.
 139 Waga teki nanji no mi kotoba wo wasuretaru wo mote,
 Waga nesshin ware wo horoboseri.
 140 Nanji no mi kotoba wa ito kiyoshi;
 Kono yue ni nanji no shimobe wa kore wo ai su.
 141 Ware wa kasuka naru mono nite, hito ni anadoraruredomo;
 Nanji no satoshi wo wasurezu.
 142 Nanji no gi wa tokoshie no gi nari,
 Nanji no nori wa makoto nari.
 143 Ware nayami to uree to ni kakaredomo;
 Nanji no imashime wa waga tanoshimi nari.
 144 Nanji no akashi wa tokoshe ni tadashi:
 Negawaku wa, ware ni chie wo tamae,
 ware nagarōru koto wo en.
- KOFU.
- 145 Ware kokoro wo tsukushite yobawareri;
 IEHOBA yo, ware ni kotae tamae:
 Ware nanji no okite wo mamoran.
 146 Ware nanji wo yobawareri;
 negawaku wa, ware wo sukui tamae;
 Ware nanji no akashi wo mamoran.
 147 Ware asamadaki oki idete yobawareri:
 Ware mi kotoba ni yorite nozomi wo idakeri.

- 148 Yoru no toki no kitaranu ni sakidachi,
 waga me wa samete;
 Nanji no mi kotoba wo fukaku omou.
 149 Negawaku wa, nanji no itsukushimi ni shitagaite waga koe wo kiki tamae:
 IEHOBA yo, nanji no sabaki ni shitagaite, ware wo ikashi tamae.
 150 Aku wo oi motomuru mono wa ware ni chikazukeri;
 Karera wa nanji no nori ni tōku hanaru.
 151 IEHOBA yo, nanji wa ware ni chikaku mashimaseri;
 Nanji no subete no imashime wa makoto nari.
 152 Ware hayaku yori nanji no akashi ni yorite,
 Nanji ga kore wo tokoshie ni tate tameru koto wo shireri.

RESHI.

- 153 Negawaku wa, waga nayami wo mite ware wo sukui tamae;
 Ware nanji no nori wo wasurezareba nari.
 154 Negawaku wa, waga utae wo agetsuraito, ware wo aganai;
 Mi kotoba ni shitagaite ware wo ikashi tamae.
 155 Sukui wa ashiki mono yori tōku hanaru;
 Karera wa nanji no okite wo motomezareba nari.
 156 IEHOBA yo, nanji no awaremi wa ōi nari:
 Negawaku wa, nanji no sabaki ni shitagaite ware wo ikashi tamae.
 157 Ware wo semuru mono, ware ni teki suru mono ōshi;
 Ware nanji no akashi wo hanaruru koto nakariki.
 158 Itsuwari wo okonau mono nanji no mi kotoba wo mamorazaru ni yori;
 Ware karera wo mite ureetari.
 159 Negawaku wa, waga nanji no satoshi wo ai suru koto ika bakari naru wo kaerimi tamae:
 IEHOBA yo, nanji no itsukushimi ni shitagaite ware wo ikashi tamae.
 160 Nanji no mi kotoba no sube-kukuri wa makoto nari;

Nanji no tadashiki sabaki wa tokoshie ni itaru made mina tayuru koto nashi.

SHIN.

- 161 Moromoro no kimi wa yue naku shite ware wo semu;
Saredo waga kokoro wa tada nanji no mi kotoba wo osoru.
- 162 Ware hito no oi naru emono wo etaru gotoku ni,
Nanji no mi kotoba wo yorokobu.
- 163 Ware itsuwari wo nikumi, kore wo imi kiraedomo;
Nanji no nori wo ai su.
- 164 Ware nanji no tadashiki sabaki no yue wo mote,
Hito hi ni nana tabi nanji wo home tatau.
- 165 Nanji no nori wo ai suru mono ni wa oi naru yasuki ari:
Karera ni wa tsumazuki wo atōru mono nashi.
- 166 IEHOBA yo, ware nanji no sukui wo nozomi,
Nanji no imashime wo okonaeri.
- 167 Waga tamashii wa nanji no akashi wo mamoreri;
Ware wa itaku kore wo ai su.
- 168 Ware nanji no satoshi to, nanji no akashi to wo mamorinu;
Waga subete no michi wa mi mae ni areba nari.

TAU.

- 169 IEHOBA yo, negawaku wa, waga yobu koe wo mi mae ni chikazuke;
Mi kotoba ni shitagaite ware ni chie wo atae tamae.
- 170 Waga negai wo mi mae ni itarase;
Mi kotoba ni shitagaite ware wo tasuke tamae.
- 171 Waga kuchibiru wa sambu wo idasubeshi:
Nanji ware ni mi okite wo oshie tamaeba nari.
- 172 Waga shita wa mi kotoba wo utōbeshi;
Nanji no subete no imashime wa ginareba nari.

173 Nanji no mi te wo tsune ni waga tasuke to nashi tamae;
Ware nanji no satoshi wo erabi mochitareba nari.

174 IEHOBA yo, ware nanji no sukui wo shitaeri;
Nanji no nori wa waga tanoshimi nari.

175 Negawaku wa, waga tamashii wo nagaraeshime tamae, saraba nanji wo home tataen;
Nanji no sabaki no ware wo tasuken koto wo.

176 Ware wa ushinawaretaru hitsuji no gotoku mayoi idenu; nanji no shimobe wo tazune tamae;
Ware nanji no imashime wo wasurezareba nari.

120 Miyako-mōde no Uta.

- 1 Ware nayami ni aite IEHOBA wo yobishikaba,
Ware ni kotae tamaeri.
- 2 IEHOBA yo, negawaku wa, itsuwari no kuchibiru, azamuki no shita yori,
Waga tamashii wo tasuke idashitamae.
- 3 Azamuki no shita yo, nanji ni nani wo ataerare,
Nani wo kuwaerarubeki ka?
- 4 Masurao no toki ya to,
Enishida no atsuki sumi to nari.
- 5 Wazawai naru kana! ware wa Meseku ni yadori,
Kedaru no makuya no katawara ni sumeri.
- 6 Waga tamashii wa
Yasuki wo nikumu mono to tomo ni sumeri.
- 7 Ware wa yasuki wo negau:
Saredo ware mono iu toki ni karera tadakai wo konomu.

121 Miyako-mōde no Uta.

- 1 Ware yama ni mukaite me wo agu:
Waga tasuke wa izuko yori kitaru ya?
- 2 Waga tasuke wa ame tsuchi wo tsukuri tamaeru
IEHOBA yori kitaru.
- 3 IEHOBA wa nanji no ashi no ugokasuru wo yurushi tamawazu;

PSALMS.

Nanji wo mamoru mono wa madoromi tamau koto nashi.

4 Miyo, Isuraeru wo mamori tamau mono wa
Madoromu koto mo naku, neburu koto mo nakaran.

5 IEHOBA wa nanji wo mamoru mono nari:
IEHOBA wa nanji no migi no te wo ōu kage nari.

6 Hiru wa hi nanji wo utazu,
Yoru wa tsuki nanji wo utaji.

7 IEHOBA wa nanji wo mamorite, moromoro no wazawai wo manukareshime;
Mata nanji no tamashii wo mamori tamawan.

8 IEHOBA wa ima yori tokoshie ni itaru made,
Nanji no izuru to iru to wo mamori tamawan.

122 Dabide ga yomeru
Miyako-mōde no Uta.

- 1 Hito ware ni mukaite,
Iza, IEHOBA no ie ni yukan to ieru toki,
ware yorokoberi.
- 2 Ierusalem yo, warera no ashi wa
Nanji no mon no uchi ni tateri.
- 3 Ierusalem yo, nanji wa shigeku tsuranaritaru
Machi no gotoku kataku tateri.
- 4 Moromoro no yakara, sunawachi Yawa no yakara kashiko ni nobori kitari,
Isuraeru ni mukaite akashi wo nashi,
Mata IEHOBA no mi na ni kansha wa nasu.
- 5 Kashiko ni sabaki no mi kura mōkeraru,
Kore Dabide no ie no mi kura nari.
- 6 Ierusalem no tame ni yasuki wo inore:
Ierusalem wo ai suru mono wa sakayubeshi.
- 7 Negawaku wa, nanji no ishigaki no uchi ni yasuki ari;
Nanji no tonodono no uchi ni saiwai aran koto wo.
- 8 Waga kyōdai no tame, waga tomo no tame ni,

Ware ima, Nanji no naka ni yasuki are to iwan.

9 Warera no Kami IEHOBA no ie no tame ni,
Ware nanji no saiwai wo motomen.

123 Miyako-mōde no Uta.

- 1 Ten ni imasu mono yo,
Ware nanji ni mukaite me wo agu.
- 2 Miyo, shimobe sono shu no te ni me wo sosogi,
Hashitame sono toji no te ni me wo sosogu ga gotoku;
Warera wa waga Kami IEHOBA ni me wo sosogite,
Sono ware wo awaremi tamawan koto wo matsu.
- 3 Negawaku wa, warera wo awaremi tamae: IEHOBA yo, warera wo awaremi tamae:
Sowa warera ni anadori wa michi afurenu.
- 4 Omoi wazurai naki mono no hajishime to,
Takaburu mono no anadori to wa,
Warera no tamashii ni michi afurenu.

124 Dabide no yomeru,
Miyako-mōde no Uta.

- 1 Ima Isuraeru wa iubeshi,
IEHOBA moshi warera no kata ni imasazu;
- 2 Hitobito warera ni sakaraite okori tatsu toki,
IEHOBA moshi warera no kata ni imasazarishi naran ni wa;
- 3 Karera no ikari no warera ni mukaite okorishi toki,
Warera wo ikeru mama nite nomishi naran:
- 4 Mata mizu wa warera wo ōi,
Nagare wa warera no tamashii wo uchi koe;
- 5 Takaburu mizu wa warera no tamashii wo uchi koeshi naran.
- 6 IEHOBA wa homubeki kana!
Warera wo karera no ha ni watashite, kami kurawase tamawazariki.
- 7 Warera no tamashii wa toritori no wana wo nogaruru tori no gotoku ni nogaretari:

PSALMS.

Wana wa yaburete warera wa nogare-tari.

8 Warera no tasuke wa ame tsuchi wo tsukuri tamaeru
IEHOBA no mi na ni ari.

125 Miyako-mōde no Uta.

1 IEHOBA ni yori tanomu mono wa Shion no yama no ugokasaruru koto naku shite, tokoshie ni aru ga gotoshi.

2 Ierusalemu wo yama no kakomeru gotoku,
IEHOBA mo ima yori tokoshie ni Sono tami wo kakomi tamawan.

3 Aku no tsue wa tadashiki mono no shoryō ni todomaru koto nakarubeshi;

Kakute tadashiki mono wa sono te wo fugi ni noburu koto araji.

4 IEHOBA yo, negawaku wa, yoki hito to,
Kokoro naaki mono to ni saiwai wo hodokoshi tamae.

5 Saredo IEHOBA wa furi kaerite, onoga magareru michi ni iru mono wo Ashiki waza wo nasu mono to tomo ni sarashime tamawan.
Yasuki wa Isuraeru no ue ni are.

126 Miyako-mōde no Uta.

1 IEHOBA Shion no torawarebito wo kaeshi tamaishi toki,
Warera wa yume nuru mono no gotoku nariki.

2 Sono toki warai wa warera no kuchi ni michi;

Uta wa warera no shita ni miteri:
IEHOBA karera no tame ni ōi naru koto wo nashi tamaeri to ieru mono,
Moromoro no kuni no naka ni ariki.

3 IEHOBA warera no tame ni ōi naru koto wo nashi tamaitareba;

Warera wa tanoshimeri.

4 IEHOBA yo, negawaku wa, warera no torawarebito wo
Minami no kawa no gotoku ni kaeshi tamae.

5 Namida to tomo ni maku mono wa yorokobi to tomo ni kari toran.

6 Sono hito wa tane wo tazusae, namida wo nagashite ide yukedo;

Taba wo tazusae, yorokobite kaeri kitaran.

127 Soromon ga yomeru,
Miyako-mōde no Uta.

1 IEHOBA ie wo tate tamau ni arazuba, Tatsuru mono no kinrō wa munashiku;

IEHOBA shiro wo mamori tamau ni arazuba,
Eji no same-oru wa munashiki koto nari.

2 Nanjira hayaku oki, osoku inete,
Shinku no kate wo kurau wa munashiki nari;

Kakute IEHOBA sono itsukushimi tamau mono ni neburi wo atae tamau.

3 Miyo, kora wa IEHOBA no atae tamau yuzuri ni shite;
Tai no mi wa sono mukui no tamamono nari.

4 Toshi wakaki koro-oi no ko wa Masurao no te ni aru ya no gotoshi.

5 Ya no michitaru ebira wo motsu hito wa saiwai nari:
Karera mon ni arite, ata tomono iu toki Hazuru koto araji.

128 Miyako-mōd no Uta.

1 IEHOBA wo osore,
Sono michi wo ayumu mono wa mina saiwai nari.

2 Sowa nanji onoga te no kinrō wo kurobekereba nari:
Nanji wa saiwai wo e, mata yasuki ni orubeshi.

3 Nanji no tsuma wa ie no oku ni orite, ōku no mi wo musubu budō no ki no gotoku;

Nanji no kora wa nanji no en ni madoi shite, karera no waka ki no gotoshi.

4 Miyo, IEHOBA wo osoruru mono wa Kaku saiwai wo en.

5 IEHOBA wa Shion yori megumi wo nanji ni tamawan:

Nanji yo ni aran kagiri Ierusalemu no saiwai wo min.

6 Nanji onoga kora no ko wo mirubeshi.
Yasuki wa Isuraeru no ue ni ari.

129 Miyako-mōde no Uta.

1 Ima Isuraeru wa iubeshi,

Karera wa shibashiba ware wo wakaki toki yori nayametari.

2 Karera wa shibashiba ware wo wakaki toki yori nayametari:
Saredo ware ni katsu koto wo ezariki.

3 Tagaesu mono wa waga sobira wo tagaeshite;

Sono tamizo wo nagaku seri.

4 IEHOBA wa tadashi:
Ashiki mono no nawa wo tachi tamaeri.

5 Shion wo nikumu mono wa
Mina haji wo obite shirizokaserarubeshi.

6 Karera wa sodatazaru saki ni,
Karuru yane no kusa no gotoshi.

7 Kore wo karu mono wa sono te ni mitazu,

Kore wo tsukanuru mono wa sono taba futokoro ni mitazaru nari.

8 Katawara wo yogiru mono wa
IEHOBA no megumi nanji no ue ni are to iwazu:

Warera IEHOBA no mi na ni yorite nanjira wo shuku su to iwazu.

130 Miyako-mōde no Uta.

1 Aa IEHOBA yo, ware fukaki fuchi yori nanji wo yoberi.

2 Shu yo, negawaku wa, waga koe wo kiki;

Nanji no mimi wo
Waga negai no koe ni katabuke tamae.

3 Yawa yo, Shu yo, nanji moshi moromoro no fugi ni me wo tome tamawaba,

Tare ka yoku tatsu koto wo en ya?

4 Saredo nanji ni yurushi areba,
Hito ni osore kashikomare tamōbeshi.

5 Ware IEHOBA wo machi nozomu, waga tamashii wa machi nozomu;

Ware wa sono mi kotoba ni yorite nozomi wo idaku.

6 Waga tamashii wa eji ga ashita wo matsu ni masari,

Makoto ni eji ga ashita wo matsu ni masarite;

Shu wo materi.

7 Isuraeru yo, IEHOBA ni yorite nozomi wo idake;

Sowa IEHOBA ni awaremi ari,
Mata yutaka naru aganai ari.

8 IEHOBA wa Isuraeru wo

Sono moromoro no yokoshima yori aganai tamawan.

131 Dabide no yomeru,
Miyako-mōde no Uta.

1 IEHOBA yo, waga kokoro ogorazu, waga me takaburazu:

Ware wa ōi naru koto to,
Ware ni oyobanu kusushiki waza to wo tsutomezariki.

2 Ware wa waga tamashii wo modasashime, mata yasukarashimetari;

Chi wo tachishi midorigo no sono hahani tayloru gotoku,

Waga tamashii wa chi wo tachishi midorigo no gotoku ware ni tayoreri.

3 IEHOBA yo, ima yori tokoshie ni IEHOBA ni tayorite nozomi wo idake.

132 Miyako-mōde no Uta.

1 IEHOBA yo, negawaku wa, Dabide no tame ni

Sono moromoro no uree wo kokoro ni tome tamae.

2 Dabide IEHOBA ni chikai,
Yakubu no Zennōsha ni ukeite iu:

Ware IEHOBA no tame ni tokoro wo tazune idashi,

Yakubu no Zennōsha no tame ni sumai wo motome uru made wa,

Waga ie no makuya ni irazu,
Waga fushido ni noborazu;

Waga me wo neburashimezu,
Waga manabuta wo tojishimezarubeshi to.

6 Warera Efurata nite kore wo kiki:
Yaaru no no nite mitometari.

7 Warera sono sumai ni yukite;
Sono shōsoku no mae ni hirefusan.

8 IEHOBA yo, negawaku wa, okite, nanji no miizu no hitsu to tomo ni,

Nanji no yasumidokoro ni iri tamae.

9 Nanji no saishitachi wa gi wo ki;
Nanji no seito wa mina yorokobi yobōbeshi.

10 Nanji no shimobe Dabide no tame ni,
Nanji no jukōja no omo wo shirizoke tamau nakare.

11 IEHOBA makoto wo mote Dabide ni chikai tamaitareba;

Kore ni tagau koto araji:

- Iwaku, Ware nanji no mi yori ideshi mono wo nanji no kurai ni za seshimen :
- 12 Nanji no kora moshi waga oshiyuru keiyaku to,
Akashi to wo mamoraba,
Karera no kora mo mata tokoshie ni nanji no kurai ni za subeshi to.
- 13 IEHOBA wa Shion wo erabite ;
Onoga sumika ni sen to nozomi tamaeri :
- 14 Iwaku, Kore wa tokoshie ni waga yasumidokoro nari :
Ware koko ni suman ; sowa ware kore wo nozomitareba nari.
- 15 Ware Shion no kate wo yutaka ni shuku shi ;
Kuimono wo mote sono mazushiki mono wo akashimen.
- 16 Ware sukui wo mote sono saishitachi ni kisen :
Sono seito wa mina koe takaraka ni yorokobi yobobeshi.
- 17 Ware Dabide no tame ni kashiko ni hitotsu no tsuno wo haeshimen :
Waga jukōja no tame ni tomoshibi wo sonaetari.
- 18 Ware kare no ata ni haji wo kisen :
Saredo kare wa sono kammuri sakayubeshi.

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Dabide ga yomeru
Miyako-mōde no Uta.

- 1 Miyo, harakara ai mutsumite,
Tomo ni oru wa ika ni yoku, ika ni tanoshiki kana !
- 2 Kōbe ni sosogaretaru tōtoki abura
Hige ni nagare,
Aron no hige ni nagare ;
Sono koromo no suso ni made nagare shitataruru ga gotoku ;
- 3 Mata Herumon no tsuyu kudarite ;
Shion no yama ni nagaruru ga gotoshi :
Sowa IEHOBA kashiko ni saiwai wo kudashi,
Kagiri naki inochi wo sae atae tamaeri.

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Miyako-mōde no uta.

- 1 Yoru IEHOBA no ie ni tachi,
IEHOBA ni tsukōru moromoro no shimobe yo, IEHOBA wo home matsure.
- 2 Nanjira seijo ni mukai, te wo agete,

IEHOBA wo home matsure.

- 3 Negawaku wa, IEHOBA ame tsuchi wo tsukuri tamaeru mono,
Shion yori nanji wo megumi tamawan koto wo.

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Nanjira IEHOBA wo home tataeyo.
IEHOBA no mi na wo home tataeyo ;
IEHOBA no shimobera home tataeyo :

- 2 IEHOBA no ie,
Warera no Kami no ie no ōniwa ni tatsu mono yo, home tataeyo,
- 3 IEHOBA wa megumi fukashi ; nanjira IEHOBA wo home tataeyo :
Sono mi na wa uruwashi ; home utae.
- 4 Sowa YAWA onoga tame ni Yakobu wo erami,
Isuraeru wo eramite sono uzutakara to nashi tamaeri.
- 5 Ware IEHOBA no ōi naru to,
Warera no Shu no moromoro no Kami ni masareru to wo shireri.
- 6 IEHOBA sono mi kokoro ni kanau koto wo Ame ni mo, tsuchi ni mo, umi ni mo, fuchi ni mo mina kotogotoku okonai tamau nari.

- 7 IEHOBA wa chi no hate yori kiri wo noborase ;
Ame no tame ni inazuma wo tsukuri ;
Sono kura yori kaze wo idashi tamau.
- 8 IEHOBA wa hito yori kedamono ni itaru made
Ejiputo no uigo wo uchi tamaeri.
- 9 Ejiputo yo, IEHOBA wa nanji no naka ni shirushi to kusushiki mi waza to wo okurite,
Paro to sono shimobe to ni nozomase tamaeri.

- 10 IEHOBA wa ōku no kuniguni wo uchi,
Mata ikioi aru ōtachi wo koroshi tamaeri ;
- 11 Amoribito no ō Shihon,
Bashan no ō Ogu,
Narabi ni Kanan no kuniguni nari.
- 12 Karera no chi wo yuzuri to shi,
Sono tami Isuraeru no yuzuri to shite atae tamaeri.

- 13 IEHOBA yo, nanji no mi na wa tokoshie ni tayuru koto nashi :
IEHOBA yo, nanji no kinen wa yorozu yo ni oyoban,

- 14 IEHOBA wa sono tami no tame ni sabaki wo nashi,
Sono shimobera ni kakawareru mi kokoro wo kae tamōbekereba nari.
- 15 Moromoro no kuni no gūzō wa shirokane to kogane ni shite,
Hito no te no waza nari.
- 16 Sono gūzō wa kuchu aredo, iwazu ;
Me aredo, mizu ;
- 17 Mimi aredo, kikazu ;
Mata sono kuchi ni iki aru koto nashi.
- 18 Kore wo tsukuru mono to,
Kore ni yori tanomu mono to wa mina kore ni hitoshikaran.
- 19 Isuraeru no ie yo, IEHOBA wo home matsure :
Aron no ie yo, IEHOBA wo home matsure :
- 20 Rebi no ie yo, IEHOBA wo home matsure,
IEHOBA wo osoruru mono yo, IEHOBA wo home matsure,
- 21 Ierusaremu ni sumi tamau IEHOBA wa Shion nite home matsurubeki kana !
IEHOBA wo home tataeyo.

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IEHOBA ni kansha seyo ; IEHOBA wa megumi fukashi :

- Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 2 Moromoro no kami no Kami ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 3 Moromoro no shu no Shu ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 4 Tada hitori ōi naru kushiwaza nashi tamau mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 5 Chie wo mote moromoro no ten wo tsukuri tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 6 Chi wo mizu no ue ni shiki tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.

- 7 Ōi naru hikari wo tsukuri tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 8 Hiru wo tsukasadorasuru tame ni, hi wo tsukuri tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 9 Yoru wo tsukasadorasuru tame ni, tsuki to moromoro no hoshi to wo tsukuri tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 10 Moromoro no uigo wo uchite, Ejiputo wo seme tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 11 Isuraeru wo hikiite Ejiputobito no naka yori idashi tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 12 Kaina wo nobashi, tsuyoki mi te wo mote kore wo hiki idashi tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 13 Kokai wo futatsu ni wake tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 14 Isuraeru wo shite sono naka wo wata-rashime tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 15 Paro to sono tsuwamono to wo Kōkai no uchi ni taoshi tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 16 Sono tami wo michibikite, no wo sugishime tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.
- 17 Ōi naru ōtachi wo uchi tamaeru mono ni kansha seyo :
Sono awaremi wa tokoshie ni tayuru koto nakereba nari.