

Kare izure no toki ni shini, izure no
toki ni sono na horobin to.
6 Kare mata ware wo min tote kitaru
toki wa itsuwari wo katari,
Yokoshima wo sono kokoro ni atsume,
Hoka ni idete wa kore wo nobu.
7 Subete ware wo nikumu mono tagai ni
sasayaki;
Ware wo sokonawan tote ai hakaru.
8 Katsu in, Kare ni hitotsu no wazawai
tsuki matoitareba,
Taore fushite futa tabi okiru koto
nakaran to.
9 Waga tanomishi tokoro, waga kate
wo kuraishi tokoro no waga shita-
shiki tomo sae mo,
Ware ni somukite sono kubisn wo
agetari.

KWAN II.

42 Uta no Kami ni utawashimetaru, Kora no
ko no Oshie no Uta.
1 Aa Kami yo, shika no tanigawa wo
shitai aegu ga gotoku,
Waga tamashii mo nanji wo shitai
aegu nari.
2 Waga tamashii wa kawakeru gotoku
ni Kami wo shitau, ikeru Kami wo
zo shitau:
Izure no toki ni ka ware yukite Kami
no mi mae ni iden?
3 Karera ga hinemosu ware ni mukaite,
Nanji no Kami wa izuku ni ari
ya to nonoshiru aida wa,
Tada waga namida nomi yoru hiru
sosogite waga kate nariki.
4 Ware mukashi mure wo nashite, iwai
no hi wo mamoru ōku no hito to
tomo ni yuki,
Yorokobi to sambi no koe wo agete,
karera wo Kami no ie ni tomonaeri;
Ima korera no koto wo omoi okoshite,
waga uchi yori tamashii wo sosogi
idasu nari.
5 Aa waga tamashii yo, nanji nanzo
unataruru ya?
Nanzo waga uchi ni omoi midaruru
ya?

10 Shika wa aredo, IEHOBA yo, nanji, nega-
waku wa, ware wo awaremi, ware
wo tasukete okoshi tamae:
Sareba ware karera ni mukuyuru koto
wo en.
11 Waga ata ware ni uchi kachite yoro-
kobu koto atawazaru wo mote,
Nanji ga ware wo mede itsukushima
tamau wo ware shirinu.
12 Waga koto wo iwaba, nanji ware wo
waga mattaki uchi nite tamochi,
Ware wo tokoshie ni mi kao no mae
ni oki tamau.
13 Isuraeru no Kami, IEHOBA wa
Tokoshie yori tokoshie made homu-
beki kana!
Amen, Amen.

Nanji no Kami wa izuku ni ari ya to
ii nonoshiri tsutsu ware wo soshi-
rieri.
11 Aa waga tamashii yo, nanji nanzo
unataruru ya?
Nanzo waga uchi ni omoi midaruru
ya?
Nanji Kami wo machi nozome:
Ware nao waga kao no tasuke naru
waga Kami wo home tatōbekereba
nari.
43 Kami yo, negawaku wa, ware wo saba-
ki, nasake shiranu tami ni mukaito
waga uttae wo agetsurai;
Tabakari oki, yokoshima naru hito
yori ware wo tasuke idashi tamae.
2 Nanji wa waga chikara no Kami nari;
nanzo ware wo sute tamaishi ya?
Nanzo ware wa ata no shietage ni
yorite kanashimi ariku ya?
3 Negawaku wa, nanji no hikari to nanji
no makoto to wo hanachi, ware wo
michibikite;
Sono kiyoki yama to,
Sono agebari to ni yukashime tamae.
4 Saraba ware Kami no saidan ni yuki,
Mata waga yorokobi yorokobu Kami
ni yukan:
Aa Kami yo, waga Kami yo, ware koto
wo mote nanji wo home tataen.
5 Aa waga tamashii yo, nanji nanzo
unataruru ya?
Nanzo waga uchi ni omoi midaruru
ya?
Nanji Kami ni yorite nozomi wo
idake:
Ware nao waga kao no tasuke naru
waga Kami wo home tatōbekereba
nari.
44 Uta no Kami ni utawashimetaru,
Kora no ko no Oshie no Uta.
1 Aa Kami yo, mukashi warera no oy-
atachi no hi ni nanji ga nashi tamai-
shi mi waza wo
Warera mimi ni kikeri, oyatachi warera
ni katareri.
2 Nanji mi te wo mote moromoro no
kunibito wo oi shirizoke, warera no
oyatachi wo ue;
Mata moromoro no tami wo nayama-

- 14 Mata moromoro no kuni no naka ni warera wo kotokusa to nashi,
Moromoro no tami no naka ni warera wo kashira furaruru mono to nashi tamaeri.
- 15 Waga hazukashime hinemosu waga mae ni ari, Waga kao no haji ware wo ōeri.
- 16 Kowa ware wo soshiri, ware wo nonoshiru mono no koe ni yori ware ni ata shi,
Ware ni urami wo mukuyuru mono no yue ni yoru nari.
- 17 Korera no koto mina warera ni nozomi kitsuredo; warera nao nanji wo wasurezu,
Nanji no keiyaku wo itsuvari mamorazariki.
- 18 Warera no kokoro shirizokazu,
Warera no ayumi nanji no michi wo hanarezu;
- 19 Saredo nanji wa no-inu no sumika nite warera wo kizutsuke,
Shi no kage wo mote warera wo ōi tamaeri.
- 20 Warera moshi onore no Kami no mi na wo wasure,
Aru wa warera no te wo adashi kami ni nobeshi koto aran ni wa;
- 21 Kami wa kore wo tadashi tamawazaran ya?
Kami wa kokoro no kakuretaru koto wo mo shiri tamau.
- 22 Warera wa hinemosu nanji no tame ni shi ni watasare;
Hofuraren to suru hitsuji no gotoku seraretari.
- 23 Shu yo, same tamae, ika nareba neburi tamau ya?
Oki tamae, warera wo tokoshie ni sute tamau nakare.
- 24 Ika nareba mi kao wo kakushite,
Warera ga ukuru nayami to shietage to wo wasure tamau ya?
- 25 Warera no tamashii wa kagamite chirini fushi;
Warera no hara wa tsuchi ni tsukitari.
- 26 Negawaku wa, okite warera wo tasuke tamae;
Nanji no itsukushima no yue wo mote warera wo aganai tamae.
- 45** Yuri no hana no shirabe ni awasete, Uta no Kami ni utawashimetaru, Kora no ko no Oshie no Uta. Ai no Uta.
- 1 Waga kokoro wa uruwashiki koto nite afuru:
Ware wa ō no tame ni yomitaru mono wo ii iden:
Waga shita wa sumiyakeku mono kaku hito no fude nari.
- 2 Nanji wa hito no kora ni masarite uruwashiku;
Miyabi sono kuchibiru ni sosogaru:
Kono yue ni Kami wa tokoshie ni nanji wo swai Shi tamaeri.
- 3 Masurao yo, nanji sono tsurungi,
Sono sakae, sono i wo koshi ni obubeshi.
- 4 Nanji makoto to, nyūwa to, tadashiki to no tame ni
I wo takumashiku shi, kachi wo ete nori susume:
Nanji no migi no te nanji ni osorubeki koto wo oshien.
- 5 Nanji no ya wa toku shite;
Ō no ata no mune wo tsuranuki;
Moromoro no tami wa nanji no moto ni taoru.
- 6 Kami yo, nanji no mi kura wa iyatōnagaku;
Nanji no kuni no tsue wa kōhei no tsue nari.
- 7 Nanji wa gi wo itsukushima, aku wo nikumu:
Kono yue ni Kami, nanji no Kami wa yorokobi no abura wo
Nanji no tomo yori masarite nanji ni sosogi tamaeri.
- 8 Nanji no koromo wa mina motsuyaku, rōkwi, nikkei no kaori ari;
Ogoto no ne zōge no tonodono yori idete, nanji wo yorokobashimeti.
- 9 Nanji ga totoki onna no naka ni wa moromoro no ō no musume ari:
Kisaki wa Ofuru no kogane wo kazarite nanji no migi ni tatsu.
- 10 Musume yo, kike, me wo sosoge, nanji no mimi wo katabukeyo;
Nanji no tami to nanji ga chichi no ie to wo wasureyo;
- 11 Saraba ō wa nanji no uruwashiki wo shitan:

- 6 Moromoro no tami wa sawagi tachi, moromoro no kuni wa ugokitari:
Kami sono koe wo idashi tamaeba, chi wa yagate tokenu.
- 7 Bangun no IEHOBA wa warera to tomo nari;
Yakobu no Kami wa warera no takaki yagura nari. [Sera]
- 8 Kitarite IEHOBA no mi waza wo miyo, IEHOBA wa ōku no osorubeki koto wo chi ni nashi tamaeri.
- 9 IEHOBA wa chi no hate made mo tadakai wo yameshime;
Yumi wo ori, hoko wo tachi;
Ikusaguruma wo hi nite yaki tamau.
- 10 Nanjira shizumarite ware no Kami taru wo shire:
Ware wa moromoro no kuni no uchi ni agamerare, zenchi ni agamerarubeshi.
- 11 Bangun no IEHOBA wa warera to tomo nari;
Yakobu no Kami wa warera no takaki yagura nari. [Sera.]
- 47** Uta no Kami ni utawashimetaru, Kora no ko no Uta.
- 1 Moromoro no tami yo, te wo uchi; Yorokobi no koe wo age, Kami ni mukaite sakebe.
- 2 Ito Takaki IEHOBA wa osorubeku, Mata chi wo amaneku shiroshimesu, oi naru ō nite mashimaseba nari.
- 3 IEHOBA wa moromoro no tami wo warera ni matsurowase, Moromoro no kuni wo warera no ashi no moto ni matsurowase tamau.
- 4 Mata sono itsukushima tamau Yakobu ga homare to suru, Yuzuri wo warera no tame ni erabi tamawan. [Sera]
- 5 Kami wa yorokobi sakebu koe to tomo ni nobori;
IEHOBA wa rappa no koe to tomo ni nobori tamaeri.
- 6 Home utae, Kami wo home utae: Home utae, warera no ō wo home utae.
- 7 Kami wa chi ni amaneku ō nareba nari:
Oshie no uta wo utaite homeyo.

8 Kami wa moromoro no kuni wo sube
osame tamau:
Kami wa sono kiyoki mi kura ni suwa-
ri tamau.
9 Moromoro no tami no kimitachi wa
tsudoi kitarite,
Aburahamu no Kami no tami to nare-
ri:
Chi no moromoro no tate wa Kami no
mono nari;
Kami wa ito tōtoshi.

48 Kora no ko no Uta nari; Sambi nari.
1 IEHOBA wa ōi nari, warera no Kami no
miyako, sono kiyoki yama no ue
nite,
Itaku home tataerare tamōbeshi.
2 Shion no yama wa kita no hashi takaa-
ku shite uruwashiku,
Yorokobi wo chi ni amanekai atau;
Koko wa ōi naru Ō no miyako nari.
3 Sono moromoro no tono no uchi ni
Kami wa onore wo takaki yagura to
shite arawashi tamaeri.
4 Miyo, ōtachi wa tsudoi atsumarite,
Tomo ni sugi yukan.
5 Karera wa miyako wo mite ayashimi;
Katsu osorete, tachimachi nogare sare-
ri.
6 Ononoki wa karera ni nozomi;
Sono kurushimi wa ko wo uman to
suru ouna no gotoshi.
7 Nanji wa kochikaze wo okoshite
Tarushishi no fune wo yaburi tamau.
8 Saki ni warera ga kikishi gotoku,
Ima warera wa bangun no IEHOBA no
miyako, warera no Kami no miyako
nite kore wo miru koto wo etari:
Kami wa kono miyako wo tokoshie
made kataku shi tamawan. [Sera
9 Kami yo, warera wa nanji no miya no
uehi nite,
Mi itsukushima wo omoeri.
10 Kami yo, nanji no homare wa sono
mi na no gotoku,
Chi no hate ni made oyoberi:
Nanji no mige no te wa tadashiki nite
miteri.
11 Nanji no moromoro no sabaki ni yorite,
Shion no yama wa yorokobi,
Yuda no musumetachi wa tanoshimu-
beshi.

12 Shion no mawari wo ariki, amaneku
megurite;
Sono yagura wo kazoejo.
13 Sono ishigaki ni me wo tomeyo,
Sono moromoro no tono wo miyo;
Nanjira kore wo nochii no yo ni katari
tsutaen ga tame nari.
14 Sowa kono Kami wa iyatōnaga ni
warera no Kami ni mashimashite,
Warera wo shinuru made michibiki
tamawan.

49 Uta no Kami ni utawashimetaru, Kora
no ko no Uta.
1 Moromoro no tami yo, kike;
Iyashiki mo tōtoki mo,
Tomeru mo mazushiki mo,
Subete chi ni sumeru mono yo, nanjira
tomo ni mimi wo sobadateyo.
2 Waga kuchi wa kashikoki koto wo
katari;
Waga kokoro wa satoki koto wo omo-
wan.
3 Ware mimi wo tatoo ni katabuke,
Koto wo narashite waga kasuka naru
kotoba wo toki arawasan.
5 Waga kubisu ni chikakaru fugi no,
ware wo uchi kakomu wazawai no
hi mo,
Ikade osoruru koto aran ya?
6 Onoga tomi wo tanomi,
Takara ōki wo hokoru mono;
7 Tare hitoru onoga harakara wo aganau
koto atawazu,
Kore ga tame ni aganaishiro wo Kami
ni sasage;
8 Kore wo tekoshie ni iki nagaraeshi
mete,
Kuchizarashimuru koto atawazu.
(Tamashii wo aganau ni wa tsue ito
ōku shite,
Kono koto wo tokoshie ni sute okaza-
ru wo ezareba nari.)
10 Sowa kashikoki mono mo shini,
Oroka mono mo, shiremono mo hito-
shiku horobite,
Sono tomi wo adashibito ni nokosu
koto wa tsune ni miru tokoro
nari.
11 Karera hisoka ni omou, Waga ie wa
tokoshie ni nokori,
Waga sumai wa yoyo ni itaran to:

Karerera wa sono chi ni onoga na wo
owasetari.
12 Saredo hito wa homare no naka ni
nagaku todomarazu,
Horobi usuru kemono no gotoshi.
13 Kaku no gotoki wa oroka naru mono
no michi nari:
Shika wa aredo, nochii no hito wa sono
kotoba wo yoshi to sen. [Sera
14 Karera wa hitsuji no mure no gotoku
ni Yomi no mono to sadameraru;
Shi kore ga bokusha to naran:
Naoki mono ashita ni karera wo osa-
men;
Sono uruwashiki wa Yomi ni horobo-
sarete, yadoru tokoro nakarubeshi.
15 Saredo Kami ware wo uke tamōbeke-
reba,
Waga tamashii wo aganaite Yomi no
chikara yori manukaresime tam-
wan. [Sera
16 Hito no tomite sono ie no sakae kuwa-
waran toki,
Nanji osoruru nakare.
17 Kave no shinuru toki wa nani hitotsu
tazusae yuku koto atawazu;
Sono sakae wa kore ni shitagaito,
kudaruto koto wo sezareba nari.
18 Kakaru hito wa iki nagařōrō hodo ni
onoga tamashii wo shuku suru to
mo,
Mizukara wo atsuu suru ga yue ni
hitobito nanji wo homura to mo,
19 Nanji oyatachi no yo ni yukan;
Karera wa taete hikari wo mizar-
beshi.
20 Totoki naka ni arite, satorazaru hito
wa,
Horobi usuru kemono no gotoshi.
50 Asafu no Uta.
1 Zennō no Kami IEHOBA mikotonori
shite,
Hi no izuru tokoro yori hi no iru
tokoro made, amaneku chi wo yobi
tamaeri.
2 Kami wa uruwashiki no kiwami naru
Shion yori,
Hikari wo hanachi tamaeri.
3 Warera no Kami wa kitarite modashi
tamawaji:

Hi sono mi mae ni mono wo yaki
tsukushi,
Hayachi sono mawari ni fuki aren.
4 Kami wa sono tami wo sabakan tote
ue naru ten,
Oyobi chi wo yobi tamaeri:
5 Iwaku, Sonaemono wo mote ware to
keiyaku wo tateshi,
Waga seito wo waga moto ni atsumeyo
to.
6 Moromoro no ten wa Kami no gi wo
arawaseri;
Kami wa mizukara sabakibito tareba
nari. [Sera
7 Waga tami yo, kike, ware mono
iwan;
Isuraeru yo, kike, ware nanji ni mukai-
te akashi wo nasan:
Ware wa Kami, nanji no Kami nari.
8 Waga nanji wo semuru wa sonaemono
no yue ni arazu;
Nanji no hansai wa tsune ni waga mae
ni ari.
9 Ware wa nanji no ie yori o ushi wo
torazu,
Nanji no ori yori o yagi wo torazu.
10 Hayashi no moromoro no kemono,
Yama no ne no chiji no kedamono wa
mina waga mono nari.
11 Ware wa yama no subete no tori wo
shiru:
No no takeki kemono wa mina waga
mono nari.
12 Sekai to sono naka ni mitsuru mono
to wa waga mono nareba,
Tatoi ware uyuru to mo nanji ni tsu-
geji.
13 Ware ikade o ushi no niku wo kurai,
O yagi no chi wo noman ya?
14 Kansha no sonaemono wo Kami ni
sasageyo;
Nanji no chikai wo Ito Takaki Mono
ni tsukunoe:
15 Nayami no hi ni ware wo yobe;
Ware nanji wo tasaken, shikashite
nanji ware wo agamubeshi.
16 Shika wa aredo, Kami ashiki mono ni
ii tamawaku,
Nanji wa oshie wo nikumi,
Waga kotoba wo sono ushiro ni sutsu-
ru mono naru ni,

Nani no kakawari arite waga okite wo nobe,
Waga keiyaku wo kuehi ni torishi ya?
18 Nanji nusubito wo mireba kore wo yoshi to shi,
Taware wo okonau mono no katōdo to narer.
19 Nanji sono kuchi wo aku ni watasu,
Nanji no shita wa tabakari wo kumi naseri.
20 Nanji suwarite harakara wo soshiri;
Onoga haha no ko wo shii nonoshireri.
21 Nanji korera no koto wo nashishi wo ware modashinureba;
Nanji ware wo onore ni samo nitaru mono to omoeri:
Saredo ware nanji wo imashimete sono tsumi wo nanji no mano atari ni tsuranubeshi.
22 Kami wo wasururu mono yo, ima kono koto wo omoe;
Osoraku wa ware nanji wo kaki sakan toki tasukuru mono araji.
23 Kansha no sonaemono wo sagasuru mono wa ware wo agamu;
Onore no okonai wo tsutsushimu mono ni wa,
Ware Kami no sukui wo arawasan.

51 Dabide ga Bate-shiba ni kayoishi noch, yogensha Natan no kitareru toki yomite, Uta no Kami ni utawashimetaru Uta.

1 Aa Kami yo, negawaku wa, nanji no itsukushima ni yorite, ware wo awaremi;
Nanji no awaremi no ōki ni yorite, waga moromoro no toga wo keshi tame.
2 Waga fuki wo kotogotoku arai sari, Ware wo waga tsumi yori kiyome tame.
3 Ware wa waga toga wo shiru:
Waga tsumi wa tsune ni waga mae ni ari.
4 Ware wa nanji ni mukaite, tada nanji ni tsumi wo okashi,
Mi mae ni ashiki koto wo okonaeri:
Sareba nanji mono iu toki wa tadashi to serare,

Nanji sabaku toki wa togame nashi to serare tamau.
5 Miyo, ware yokoshima no naka ni umare;
Tsumi ni arite waga haha ware wo haramitariki.
6 Nanji makoto wo kokoro no uchi ni made nozomi;
Waga kakuretaru tokoro ni chie wo shirashime tamawan.
7 Nanji hisopu wo mote ware wo kiyome tamae, saraba ware kiyomaran:
Ware wo arai tamae, saraba ware yuki yori mo shirokaran.
8 Nanji ware ni yorokobi to tanoshimi to wo kikase;
Nanji ga kudakishi hone wo yoroko base tamae.
9 Negawaku wa, mi kao wo waga subete no tsumi yori somuke,
Waga subete no fuki wo keshi tame.
10 Aa Kami yo, waga tame ni kiyoki kokoro wo tsukuri,
Waga uchi ni naoki rei wo arata ni okoshi tame.
11 Ware wo mi mae yori sute tamau nakare;
Nanji no kiyoki mitama wo ware yori tori tamau nakare.
12 Nanji no sukui no yorokobi wo ware ni kaeshi;
Jiyū no mitama wo ataete, ware wo tamochi tamae.
13 Saraba ware toga wo okaseru mono ni nanji no michi wo oshien;
Tsumibito wa nanji ni kaeri kitarubeshi.
14 Kami yo, waga sukui no Kami yo, chi wo nagashishi tsumi yori ware wo tasuke idashi tame:
Waga shita wa koe takaraka ni nanji no gi wo utawan.
15 Shu yo, waga kuchibiru wo hiraki tame;
Saraba waga kuchi nanji no homare wo arawasan.
16 Nanji wa sonaemono wo konomi tama-wazu, moshi shikarazuba ware kore wo sasagen:
Nanji mata hansai wo mo yorokobi tamawazu.

17 Kami no motome tamau sonaemono wa kudaketaru tamashii nari:
Kami yo, nanji wa kudaketaru, kuishi kokoro wo karoshime tamōmaji.
18 Negawaku wa, mi kokoro ni shitagaitē Shion ni saiwai shi;
Ierusaremu no ishigaki wo kizuki tamae.
19 Sono toki nanji gi no sonaemono to, hansai to, mattaki hansai to wo yorokobi tamawan;
Kakute hitobito nanji no saidan ni oushi wo sasagubeshi.
52 Edomubito Doegu Sauru ni kitarite, Dabide wa Abimerekū no ie ni kinu to tsugeshi toki, Dabide ga yomite Uta no Kami ni utawashimetaru Oshie no Uta.
1 Takeki mono yo, nanji ika nareba ashiki kuwadate wo mote mizukara hokoru ya?
Kami no awaremi wa tsune ni taezaru nari.
2 Nanji no shita wa ashiki koto wo hakari;
Toki kamisori no gotoku itsuwari wo okonau.
3 Nanji wa zen yori mo aku wo konomi;
Tadashiki wo iu yori mo itsuwari wo iu wo konomu.
4 Tabakari no shita yo, Nanji wa subete no mono wo kui horobosu kotoba wo konomu.
5 Sareba Kami tokoshie made mo nanji wo kudaki,
Mata nanji wo toraete sono makuya yori nuki idashi,
Ikeru mono no chi yori nanji no ne wo tayashi tamawan.
6 Tadashiki mono wa kore wo mite osore, Kare wo waraite iwan,
7 Kami wo onoga chikara to nasazu, Sono tomi no yutaka naru wo tanomi,
Sono aku wo mote onore wo kataku sento suru hito wo miyo to.
8 Shika wa aredo ware wa Kami no ie ni aru aoki kanran no ki no gotoshi;
Ware wa iyatōnaga ni Kami no awaremi ni yori tanoman.
9 Nanji kono koto wo okonai tamaishi ni yorite, ware tokoshie ni nanji ni kansha shi;
Nanji no seito no mae nite mi na wo machi nozoman; kowa yoroshiki koto nareba nari.
53 Maharatstu (gakkī no na, aruiwa iu shirabe no na) ni awasete, Uta no Kami ni utawashimetaru, Dabide no Oshie no Uta.
1 Oroka naru mono wa kokoro no uchi ni, Kami nashi to ieri.
Karera wa kusaretari, karera wa nikumubeki fuki wo okonaeri;
Zen wo okonau mono nashi.
2 Kami wa ten yori hito no ko wo nozomite,
Satoru mono to,
Kami wo tazunuru mono to ari ya nashi ya wo mi tamaishi ni;
3 Mina shirizokite, kotogotoku kegaratari;
Zen wo nasu mono nashi, hitori dani nashi.
4 Fuki wo okonau mono wa satori naki ka?
Karera wa mono kuu gotoku waga tami wo kurai,
Mata Kami wo yobau koto wo sezaru nari.
5 Karera wa osorubeki koto no naki toki ni, ōi ni osoretari:
Kami wa nanji ni mukaite ei wo tsurunuru mono no hone wo chirashi tamaeba nari;
Kami karera wo sute tamaishi ni yorite, nanji karera wo hazukashimetari.
6 Negawaku wa, Shion yori Isuraeru no sukui no iden koto wo!
Kami sono tami no torawaretaru wo kaeshi tamau toki,
Yakobu wa yorokobi, Isuraeru wa tanoshiman.
54 Jifubito no Sauru ni kitarite, Dabide wa warera no tokoro ni kakure oru ni arazu ya to iiarishi toki, Dabide Uta no Kami ni koto nite utawashimetaru Oshie no Uta.
1 Kami yo, negawaku wa, nanji no mi na ni yorite ware wo sukui;
Nanji no chikara wo mote ware wo sabaki tame.